



DR. JILL MANNING

# THERAPEUTIC INTENSIVES FOR BETRAYED INDIVIDUALS

One or two-day intensives are offered the second Friday and Saturday of each month.

**9:00 AM – 4:00 PM Daily**  
(With a one-hour break for lunch.)

**The therapeutic intensives offered by Dr. Jill Manning are uniquely designed to help support, educate, and resource individuals who are dealing with the traumatic effects of secretive or sexually compulsive behavior in their primary relationship.**

The therapeutic intensives are rooted in a partner sensitive approach and the Multidimensional Partner Trauma Model of therapy. Transportation, lodging, and food are not included, but recommendations will be provided upon request.

## **One-day intensive includes:**

- Education about betrayal trauma and its symptoms
- Specialized assessments and a review of the results
- Focused history taking & clarifying needs
- Safety inventory & initial safety planning
- Identifying a personalized list of key grounding skills
- Binder of resources to take home

## **Two-day intensive includes everything from a one-day intensive plus:**

- Trigger management skills
- Initial boundary work
- Treatment planning for post-intensive
- Self-care items to take home

Facilitated by:  
Jill Manning, PhD, LMFT, CCPS, CCTP,  
BC-TMH  
*Therapist, Author & Researcher*

Fees:  
\$1200 for a one-day intensive  
\$2200 for a two-day intensive

A non-refundable \$600 deposit is required at the time of registration. Intake forms and assessments are provided at the time of registration and must be completed no later than one week prior to the therapeutic intensive commencing.

Email [jill@drjillmanning.com](mailto:jill@drjillmanning.com) with questions or to schedule. Therapeutic intensives are designed to kickstart betrayal trauma healing work and to provide specialized care for those who may not have access to a betrayal trauma specialist in their own city or state. Please note that individuals who are currently suicidal, active in any kind of addiction, or highly dysregulated are not a fit for this type of short-term, stand-alone intervention.

Location:  
11001 W. 120th Avenue, Suite 473  
Broomfield, CO 80021

[www.drjillmanning.com](http://www.drjillmanning.com)